

Cultivating a Garden with Friends

by Demera Finnegan
Community Garden Coordinator



Patio Gardener Rosemarie Rubano and her friend are enjoying their time gardening together.

What is better than growing fresh produce with people you enjoy being with? The rewards are endless with gardening. It supplies you with the freshest fruits and vegetables. Gardening gives you the benefits of moderate exercise which contributes to an overall well-being. Planting and working with soil is therapeutic. It provides a time to relax and enjoy the outdoors with family and friends.

The patio garden is located at the Loma Linda Senior Center and provides seniors with the supplies to garden in a friendly and safe atmosphere. Presently, there are 2 wooden gardening containers and there will be more to come as the demand increases. Each container includes its own soil and watering system. A variety of tools are provided in a nearby tool shed. Gardeners are asked to bring their own seeds and seedling along

with their green thumb. Family and friends are encouraged to come and share in the gardening fun.

Patio Gardener Rosemarie Rubano and her friend are enjoying their time gardening. Currently, Rosemarie is planting a variety of vegetables including tomatoes, squash, and chives and she is looking forward to sharing her crops with her friends and family.

Many thanks to Mr. Earl Jones from the Loma Linda Retirees Club for donating his time to construct the containers for the patio garden. His contribution will not only provide enjoyment for the seniors, it will also result in the improvement of their health and well being.

If you are interested in becoming a patio gardener or would like more information about the garden please feel free to call the city's administration office at (909) 799-2810.



Rosemarie is growing a variety of vegetables in her garden.